



PLAN of Northeast Ohio
The Kindness Center
23900 Commerce Park Road
Beachwood, Ohio 44122
216.321.3611 | planofjfsa.org

PLAN STAFF

Becky Rinaldi
Community Activities
Administrator
Cell: 216.509.8685
rrinaldi@jfsa-cleveland.org

Brent Eligado
Community Activities Assistant
Cell: 216.972.3145
beligado@jfsa-cleveland.org



CELEBRATING
150
YEARS
1875-2025

PLAN is a division of JFSA Cleveland



Monthly Kindness Center & Recurring Activities:

ART EXPLORATIONS: This group explores and discusses the different forms and modalities of art. All you need to bring is an open mind. The group meets every Monday from 3-4:30pm and Wednesday from 5:30-7pm.

COFFEE & CONVERSATION: This group meets every other week at the Van Aken Market District in Shaker. Participants purchase coffee and snacks, and PLAN staff facilitate conversation!

COLORING GROUP: This group meets weekly at Beachwood Mall food court on Thursday from 11-12:30pm. PLAN supplies coloring books, crayons, markers, pens, etc. or bring your own. Participants may purchase lunch or snacks.

JOURNEYS: This group is for young adults on the autism spectrum who are looking for a peer group to hang out with. We meet every Sunday to do activities around Cleveland.

MUSICAL MOODS: Do you like music? Then this group is for you! Meets every Thursday from 3:30-4:30pm on ZOOM.

POST CET: Post CET is an opportunity for those who have graduated from CET to hone their cognitive and social skills. This group meets every Tuesday from 1-2pm at the Kindness Center.

PUZZLE GROUP: Gather once a month to challenge your brain AND have some fun with friends at puzzle group. This group meets on a Saturday at the Kindness Center. (on hiatus for summer months)

SPORTS TALK: This group meets every Thursday from 3-3:30 on ZOOM to talk about Cleveland sports teams and other sports news.

TRIVIA HOUR: Stretch your mind every Tuesday with trivia! The group meets from 3-4pm on ZOOM.

WEEKLY WALKING GROUP: Meets every Tuesday at 10am for a 30-45-minute walk. Location determined by weather.

WRITING CLUB: This is a group for those who like to have fun with writing. The Group meets every Wednesday from 4:30-5:30pm in the art room.

PEOPLE, PLACES & Plan

A Newsletter for Members of Plan

September PLAN Activities:

Whether you are looking to try a new activity, connect with friends, explore Cleveland, or simply add something positive to your routine, September has something for everyone! We hope you'll find an activity that interests you and that you join us for something this month!

Throughout the September, PLAN members can look forward to recurring favorites such as weekly walks, writing groups, art exploration, and coloring club. These activities provide welcoming spaces to express yourself and spend time with others.

There are also plenty of opportunities to get out and explore, too. September activities include visits to Mitchell's Ice Cream in Beachwood, Shaker Lakes Nature Center, and Hale Farm & Village, as well as Journeys outings to the North Chagrin Reservation, Cleveland Museum of Art, and other local destinations. These outings are a great way to enjoy the community and connect with other PLAN members.

We are exploring new volunteer opportunities and this month PLAN members can volunteer at Goods Bank in Cleveland. Goods Bank NEO is a nonprofit providing surplus goods to community organizations to enrich the lives of those they serve while reducing waste and protecting the environment. Participants will help sort donations.

For those interested in virtual programming, the calendar still includes Sports Talk, Musical Moods, and Trivia Hour via Zoom. These online activities offer an easy way to stay engaged, have fun, and connect with others from home.

The month also includes a special memorial to PLAN member Morton Cohen who passed away July 29th. We'll meet, read some of Morton's poetry, share our memories of Morton, and have light refreshments. Transportation is available.

Please remember that an RSVP is required for all in-person PLAN activities and must be made no later than 7 days before the activity. To RSVP, contact Becky at 216-509-8685.

VOLUME 17, ISSUE 9 | September 2026

Special Event, PLAN Member & Family Picnic:

It's time again for our annual PLAN picnic!

PLAN will provide a kosher meal including hot dogs, chips, desserts, and drinks.

The picnic will be held at the Kindness Center on Wednesday, September 9th from 5-7pm. Some transportation is available.

Members can RSVP as early as September 1st. Please let us know how many people will be attending if you plan to bring family.

If you have a friend that might be interested in PLAN and might like to attend the picnic, give Becky a call.

**An RSVP is required for
all in-person PLAN
activities (NO EARLIER
THAN 7 DAYS BEFORE THE
ACTIVITY)**



planofjfsa.org

August Community Activity Photos



From left: Asian Lantern Festival at the zoo and the Lion King at Playhouse Square.

For more information about a group or to RSVP for any activity,
please call Becky Rinaldi at 216.509.8685 or email at rrinaldi@jfsa-cleveland.org

PLAN (Planned Lifetime Assistance Network) of Northeast Ohio promotes friendships, connections to community and improved quality of life for members through its Holistic Recovery Program, and creates peace of mind for families with its Lifetime Planning Services.

An RSVP is required for all in-person PLAN activities (NO EARLIER THAN 7 DAYS BEFORE THE ACTIVITY) Call Becky at 216-509-8685.

September 2026

Holistic Recovery Schedule

 ZOOM
 COMMUNITY or KINDNESS
CENTER (KC)
 JOURNEYS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10am Weekly Walk (location TBD by weather) 1pm Post-CET, KC Back Room ZOOM: 3pm Trivia Hour	2 4:30pm Writing Group, KC Art Room 5:30pm Art Exploration, KC Art Room	3 11am Coloring Club, Beachwood Mall ZOOM: 3pm Sports Talk ZOOM: 3:30pm Musical Moods	4 11am Hale Farm & Village, Made in Ohio Festival (\$)	5 11am Mitchells Ice Cream, Beachwood (\$)
6 No Journeys Today	7 Labor Day Office Closed	8 10am Weekly Walk (location TBD by weather) 1pm Post-CET, KC Back Room ZOOM: 3pm Trivia Hour	9 5-7pm Annual PLAN Member & Family Picnic, KC	10 11am Coloring Club, Beachwood Mall ZOOM: 3pm Sports Talk ZOOM: 3:30pm Musical Moods	11 11am Coffee & Conversation, Van Aken Market Hall (\$)	12 Rosh Hashanah No Community Group Today
13 Rosh Hashanah Journeys: Nature Walk at North Chagrin Reservation	14 3pm Art Exploration, KC Art Room	15 No Walk or Post-CET Today ZOOM: 3pm Trivia Hour	16 4:30pm Writing Group, KC Art Room 5:30pm Art Exploration, KC Art Room	17 11am Coloring Club, Beachwood Mall ZOOM: 3pm Sports Talk ZOOM: 3:30pm Musical Moods	18 10:30am Music Therapy with Cleveland State, KC	19 11am Walk at Shaker Lakes Nature Center
20 Journeys: Cleveland Museum of Art	21 Yom Kippur Office Closed	22 10am Weekly Walk (location TBD by weather) 1pm Post-CET, KC Back Room ZOOM: 3pm Trivia Hour	23 4:30pm Writing Group, KC Art Room 5:30pm Art Exploration, KC Art Room	24 11am Coloring Club, Beachwood Mall ZOOM: 3pm Sports Talk ZOOM: 3:30pm Musical Moods	25 11am Volunteer at Goods Bank, Cleveland	26 No Community Group Today
27 Journeys: Apple Picking at Patterson Fruit Farm (\$)	28 3pm Art Exploration, KC Art Room	29 10am Weekly Walk (location TBD by weather) 1pm Post-CET, KC Back Room ZOOM: 3pm Trivia Hour	30 4:30pm Memorial for Morton Cohen, KC 5:30pm Art Exploration, KC Art Room			