

SEPTEMBER 2025

JFSA CARING AT HOME CONNECTIONS



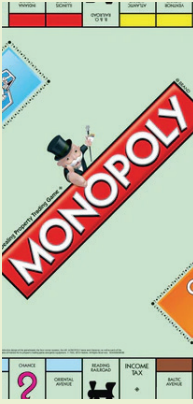
SEPTEMBER ACTIVITIES



IN-PERSON PROGRAMS



ONLINE PROGRAMS



SEE THE USA

DO NOT PASS GO

Tuesday, September 2 | 1-2pm

Hungry? You've come to the right state with the most diners per capita of anywhere else in the USA. We can also thank a flood for creating a sweet treat. Did you know the fictional city that makes up the Monopoly board is based on a real place in today's state visit? Free to participate.

RSVP to Jenn Miller at 330.867.3388



SEE THE USA

BIG MAMA

Tuesday, September 16 | 1-2pm

This state's water supply could fill more than 50 billion bathtubs, not to mention the water supply was hit by a massive asteroid! If you want to stay clear of the water, one state park has over 500 miles of hiking trails. The world's largest office building is in this state with over 70 acres just for parking. Free to participate.

RSVP to Jenn Miller at 330.867.3388



Joint Program with JFS Columbus

ONLINE CHAIR YOGA

Wednesdays, Sept 3, 10, 17
2-2:45pm ZOOM

Stay healthy with chair yoga!

RSVP to Jenn Miller at 330.867.3388



CAFÉ EUROPA LUNCH CLUB

Holocaust Survivors & Spouses Only
Thursday, Sept 4 | 12-1pm

Jewish Federation of Cleveland

Welcome Noah Budin, JFSA's new Community Events Coordinator, who will perform popular songs on his guitar and enjoy a kosher lunch catered by Kantina.

RSVP to Marla Gordon at 216.217.1740



CAFÉ EUROPA: TRIP TO THE STATEHOUSE

Holocaust Survivors & Spouses Only

Wednesday, Sept 17 | 9:30am-5:30pm

Collaborative event with staff and Holocaust survivors from the Columbus JFSA. Enjoy a kosher lunch while conversing with state representatives, followed by a tour of the Statehouse. Space is very limited to 7 participants for this event.

RSVP to Marla Gordon at 216.217.1740



CHAIR YOGA

Friday, Sept 5 | 2:30pm-3:30pm

Jewish Federation of Cleveland

Come join us for Chair Yoga! Yoga helps with strength, flexibility, balance, endurance, concentration and brain health. All are welcome - no matter your level of flexibility.

RSVP to Marla Gordon at 216.217.1740



MOVIE CLUB

THE LAST RIFLEMAN

Wednesday, Sept 17 | 1-3:30pm ZOOM

Inspired by a true story, World War II veteran Artie Crawford (Pierce Bronsan) lives in a care home in Northern Ireland. After his wife's death, he decides to ignore all advice and sets off alone to France to attend the 75th anniversary of the D-Day landings. We will briefly discuss the film after viewing. Free to participate.

RSVP to Jenn Miller at 330.867.3388



MUSIC BY CLIFF HABIAN

Wednesday, Sept 10 | 2-3pm

Jewish Federation of Cleveland

You won't want to miss this lovely concert by pianist, Cliff Habian! Cliff covers a variety of styles with a special emphasis on jazz and classical, as well as the "Great American Songbook."

RSVP to Marla Gordon at 216.217.1740



ROSH HASHANA - A SWEET NEW YEAR

Thursday, Sept 18 | 2-3pm

Jewish Federation of Cleveland

Rabbi Avrohom Adler will talk about the meaning of the holiday! A sweet treat will be served.

RSVP to Marla Gordon at 216.217.1740



BRAIN HEALTH & WELLNESS

INFORMED DECISION MAKING: A GUIDE FOR CARE PARTNERS

Thursday, Sept 25 | 6:30-7:30pm ZOOM

RSVP to Cassie at 216.504.6485



SEPTEMBER CALENDAR

TUESDAY 9/2	WEDNESDAY 9/3	THURSDAY 9/4	FRIDAY 9/5
 SEE THE USA: DO NOT PASS GO 1-2pm	 ON-LINE CHAIR YOGA 2-2:45pm	 CAFÉ EUROPA LUNCH 12-1PM	 CHAIR YOGA 2:30-3:30PM
TUESDAY 9/9	WEDNESDAY 9/10	THURSDAY 9/11	FRIDAY 9/12
	 MUSIC BY CLIFF HABIAN 2-3PM  ON-LINE CHAIR YOGA 2-2:45pm		
TUESDAY 9/16	WEDNESDAY 9/17	THURSDAY 9/18	FRIDAY 9/19
 SEE THE USA: BIG MAMA 1-2pm	 CAFE EUROPA TRIP TO THE STATEHOUSE 9:30am-5:30pm  MOVIE CLUB: THE LAST RIFLEMAN 1-3:30pm  ON-LINE CHAIR YOGA 2-2:45pm	 ROSH HASHANA A SWEET NEW YEAR 2-3pm	
TUESDAY 9/23	WEDNESDAY 9/24	THURSDAY 9/25	FRIDAY 9/26
		 BRAIN HEALTH SPEAKER: INFORMED DECISION MAKING: A GUIDE FOR CARE PARTNERS 6:30-7:30pm	



Additional support from the Hope S.Adelstein and Stanley Adelstein Trusts, the Simon Family Fund, The Berns, Newborn Thomas Endowment Fund



JFSA Caring at Home helps seniors and other adults manage their independence and live healthier lives.

