



Alzheimer's Disease and Dementia Support Program

Community Resource Guide

“You know what’s best for you
and your loved-one—don’t let
anyone else tell you different.”

–Traci Stroud

Introduction

With funding from the Jewish Federation of Cleveland, JFSA is pleased to offer the Alzheimer's and Dementia Support Program, a unique, person-centered approach to help individuals at risk for or diagnosed with dementia (including Alzheimer's), their family members and their caregivers combat the increasing need for dementia support in the community.

Our innovative program helps you navigate the barriers and emotional, mental, physical, medical and financial challenges that are associated with dementia, challenges that exist for both the individual who is diagnosed and their caregiver(s).

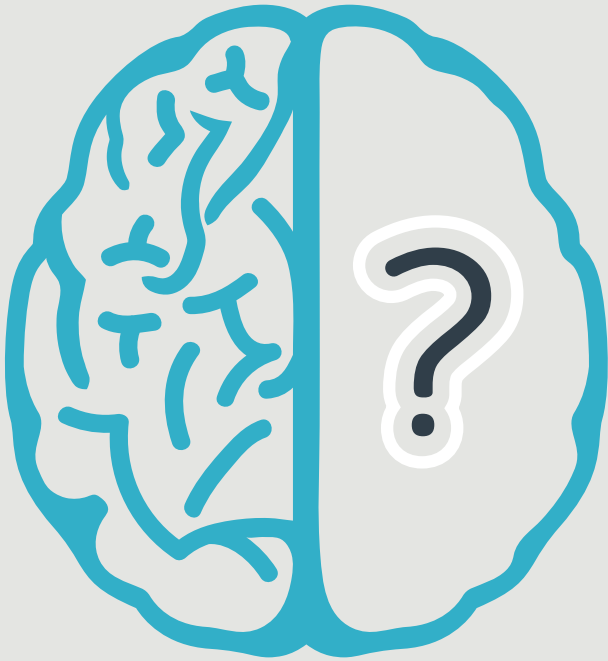
Recognizing that "quality of life" is a central goal in the treatment of dementia, JFSA's team of professionals has developed this resource guide to assist you in your journey. We welcome your comments and suggestions!



What is Dementia?

Contrary to popular belief, dementia is not a specific disease but rather a **series of symptoms** including the loss of cognitive functioning—**thinking, remembering, and reasoning**—and behavioral capabilities, when coupled together, interferes with a person's daily life and activities.

Early symptoms may include trouble remembering recent events, increased confusion and reduced concentration, misplacing things, personality and behavior changes, depression and the loss of the ability to manage everyday tasks. More advanced symptoms can include further patterns of short term memory loss, loss of language or communication skills, changes in visual perception, an inability to problem solve, and an increased inability to focus and pay attention.



What are the different
kinds of dementia?

There are many different types of dementia. There is no one test that determines what type of dementia a person has. Diagnosis is determined by a series of tests and the symptoms that are presented. These tests can include: cognitive and neurological evaluation, MRI, CT, or PET scans, laboratory testing, and psychiatric evaluation.

Types of Dementia

ALZHEIMER'S DISEASE is the most common form of dementia. While the cause is generally unknown, in most cases plaques and tangles form in the brain. These plaques and tangles gradually damage healthy brain tissue, blocking memory, impairing reason, judgment and language, eventually impacting the ability to carry out even simple tasks.

VASCULAR DEMENTIA is the second most common type of dementia. This type of dementia happens when the blood supply to the brain is cut off, starving the brain of the oxygen and nutrients it needs.

FRONTOTEMPORAL DEMENTIA is caused by the breakdown of the nerve cells and their connectors in the frontal and temporal lobes of the brain, often causing changes in personality and behavior.

LEWY BODY DEMENTIA is a progressive form of dementia caused by abnormal protein clumps that build in the brain. It can result in a decline in thinking and problem-solving, hallucinations, tremors, and uncontrolled slow movements similar to that of Parkinson's disease.

MIXED DEMENTIA is a combination of multiple other dementias and has several causes. The symptoms of mixed dementia vary greatly depending on the dementias involved.

ACQUIRED OR TRAUMATIC BRAIN INJURY (ACI/TBI) are brain injuries that frequently result in a loss of oxygen or damage to the brain. Symptoms of dementia vary and can present as a result of these types of injuries, which may include chemical exposures, strokes, viruses, tumors, falls, car accidents, sports or any other type of head injury.

ALCOHOL INDUCED DEMENTIA (also known as “Korsakoff Syndrome”) is a form of dementia brought on by lifestyle choices, namely excessive alcohol consumption and subsequent intoxication. Intoxication depletes important nutrients and damages or kills brain cells. Over the long term, the damage caused by this behavior presents itself as symptoms of dementia.





Effective Interventions for Promoting Independence

The importance behind implementing interventions is to improve the quality of life for persons with dementia; in turn, this may empower and provide a reduction in caregiver stress, by creating an environment that fosters autonomy and normalcy. Interventions are aimed to increase and enhance one's daily functioning through strategies that promote independence, which is important at all stages of dementia. To get the most out of interventions, it is beneficial to customize one's goals according to their strengths and needs, keeping in mind one's cognitive and physical ability in coordination with their level of dementia.¹

¹What Is Dementia? (2019) Retrieved from <https://www.nia.nih.gov/health/what-dementia>

Types of Interventions

DAILY EXERCISE can help slow one's loss of mobility and improve continence, as well as improve one's balance, endurance and strength. Introducing physical and occupational therapy may enhance daily functioning, if needed. Physical activity not only helps reduce depression, it has been linked to lower aggression and agitation.

MEANINGFUL ACTIVITY PLANNING should include life histories, interests and preferences. Creating individualized activities helps bring a sense of purpose to the person with dementia.

NONVERBAL AND VERBAL COMMUNICATION needs to be adjusted to the level of communication understood by the one who has dementia. This includes changing vocabulary, employing positive body language and cues, and/or utilizing written or pictorial communication through the use of memory books. It is also important to have vision and hearing tests completed, to ensure appropriate aid is enacted, if needed.

ADAPTIVE EQUIPMENT AND ASSISTIVE AIDS promote safety and minimize physical, cognitive and sensory deficits. They include tools such as grab bars, ramps, walkers/rollators and shower chairs. Utilizing memory

aids such as diaries, calendars, memory books and/or electronic devices, may be beneficial in helping to keep independence and a daily routine. This also promotes normalcy and competence.

PROMOTING SKILL TRAINING in activities of daily living (ADL), such as dressing, eating, and bathing has been shown to maintain independence. A clinical assessment should be used to gauge one's ability to perform such tasks. This will help dictate the amount of assistance that is needed to complete each ADL.²

TELECARE AND ASSISTIVE TECHNOLOGY can support a person with dementia through the use of computers, telecommunication systems and other devices. These technologies can help a person with dementia to age in place.

CAREGIVER EDUCATION is imperative to create an empowering environment that enables the person with dementia to have a higher quality of life. In fact, interventions that use "behavior therapy, caregiver education, and environmental modification" have been shown to decrease behavioral disturbances and depression; in turn, increasing pleasurable outcomes.³

²National Collaborating Centre for Mental Health (UK) (2007) Therapeutic interventions for people with dementia-cognitive symptoms and maintenance of functioning. Retrieved May 20, 2019, from <https://www.ncbi.nlm.nih.gov/books/NBK55462/>

³Logsdon, R. G., McCurry, S. M., & Teri, L. (2007). Evidence-based interventions to improve quality of life for individuals with dementia. Retrieved May 20, 2019, from <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2585781/>

Additional caregiver techniques for interacting with the person with dementia include:

- Act with patience and understanding
- Keep a calm and positive environment
- Validate feelings
- Follow a familiar routine/schedule
- Maintain eye contact
- Hold hands and provide gentle touches
- Approach from the front
- Provide a healthy diet, limiting alcohol intake and introducing finger foods as needed
- Cue, remind and redirect
- Ask simple questions and provide simple instructions
- Introduce aromatherapy

When interacting with the person with dementia, it is important to keep them involved in activities they enjoy, while adapting their activities to fit their level of competence.



What is the Alzheimer's Disease and Dementia Support Program?

The Alzheimer's Disease and Dementia Support Program has been designed to exclusively address the needs associated with those who have dementia, or are at risk of developing dementia as well as the many challenges and obstacles caregivers endure. We offer a variety of services to help maintain independence, safety and dignity while also providing the much needed emotional support to those caring for someone with dementia.

How can this program help you?

Working with our care navigators, families are supported no matter what stage or type of dementia they may be challenged with. Our approach is designed to reduce the stress that caregivers experience as well as provide the tools and resources to promote a positive environment for the individual to thrive.

What is a Care Navigator?

A JFSA care navigator is a masters degreed professional who works with caregivers and individuals who are at-risk for or diagnosed with dementia. Their job is to help improve one's quality of life, as well as help reduce caregiver stress.

The care navigator helps alleviate the web of confusion that is often experienced by individuals and family members when seeking their next steps for support. They guide families to practical community services and dementia-related care solutions that uniquely fit their client's needs. Moreover, the care navigator provides a range of on-going assistance, from routine check-ins to coordinating resources that stimulate one's self-reliance.

What other support is available through JFSA?

CAREGIVING WITH CONFIDENCE

This is a free series of training workshops for caregivers involved in caring for individuals with dementia. The program is designed to help caregivers understand the impact of dementia on both the caregiver and the person being cared for. In addition, the training will teach skills to manage daily life, take control and set goals, communicate more effectively and help strengthen family resources.

CARING AT HOME

JFSA offers skilled and private duty home care. Skilled services are rehabilitative in nature with the goal of building strength and endurance. They are generally provided under physician order and are paid for by insurance, including Medicare or commercial insurance. Services under skilled home care can include skilled nursing, physical therapy, occupational therapy, speech language pathology, skilled aide, and medical social worker.

For those who require ongoing assistance with their ADLs, JFSA also offers private duty home health care. Payer sources vary and can include self-pay, long-term care

insurance and government subsidized programs. Services are delivered based on need and in accordance with a personalized plan of care. They can include assistance with activities of daily living, therapeutic exercise, light housekeeping, transportation and laundry assistance.

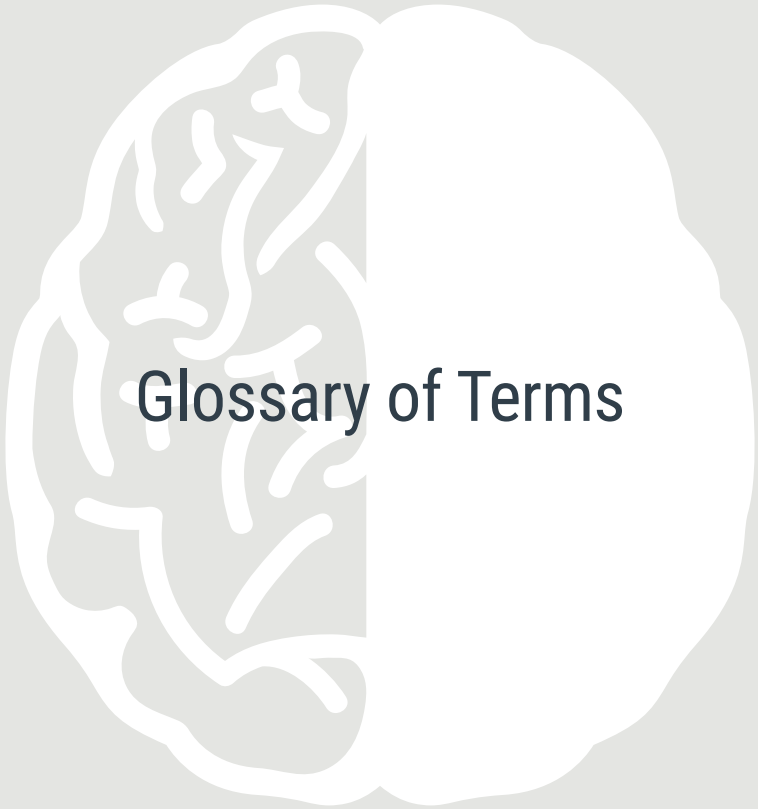
HOME CLEANING

JFSA offers affordable home cleaning services on a private pay basis.

HOME-DELIVERED MEALS

Our delicious fresh kosher meals are delivered by our trained staff and caring volunteers. All meals are prepared under the guidance of a certified dietitian and are delivered fully-cooked and ready to eat.

MEDICAL ALERT SYSTEMS JFSA offers and supports products which are designed to keep people safe in their home. Services include Home Safe and GoSafe2 with added features such as auto fall detection, GPS enabling, 24/7 multilingual staff, and in-person system support and maintenance.



Glossary of Terms

Health care is a confusing and complex service industry, full of acronyms and legal implications. To assist you, refer to this glossary of frequently used terms.

ACTIVITIES OF DAILY LIVING (ADLS)

ADLs include daily living tasks such as eating, bathing, dressing, grooming, ambulating and toileting.

ADULT DAY CARE

Adult Day Care Centers are designed to provide care and companionship for older adults who need assistance or supervision during the day. Programs can be social, health care based or a combination of the two.

ASSISTED LIVING/RESIDENTIAL CARE

Assisted Living is licensed by the state of Ohio, combining housing, socialization, personalized services, and assistance with daily living tasks. Assisted Living generally provides a very social environment, designed to keep residents engaged and active.

ASSISTED LIVING WAIVER PROGRAM

The Assisted Living Waiver is a state-subsidized program that helps cover the costs of assisted living for eligible residents.

COMPANIONSHIP SERVICE

Companionship services generally are more problem-solving in nature and can include accompanying a person who needs assistance at medical appointments, shopping or banking.

CONTINUING CARE RETIREMENT COMMUNITY (CCRC)

A CCRC offers multiple levels of living under one roof, including independent living, assisted living, memory care and nursing. Residents receive the services they need as they move through the continuum of care.

DO NOT RESUSCITATE FORM (DNR)

A DNR is a medical order, signed under the direction of a physician, that instructs health care professionals not to perform CPR in case of one not breathing or one's heart stopping.

DURABLE POWER OF ATTORNEY (POA)

There are two types of durable power of attorney documents that can be used in the event a person does not have the ability or capacity to make decisions. A financial POA designates a person to make legal and financial decisions on the behalf of a person. A health care POA authorizes a person to make health care decisions.

ENTRY FEE

Also referred to as Modified contracts, entry fees are typical of not-for-profit, continuing care retirement communities. The entry fee is an upfront sum of money paid in order to prepay for health care services and gain admittance to the continuum of care. Portions of the entry fee are often refundable and tax deductible as a prepaid medical expense.

GERIATRICIAN

A geriatrician is a physician specialist that is well-grounded in internal medicine, and is experienced in treating older adults and their problems. They are also experienced in neurology, psychiatry and rehabilitation medicine.

GUARDIANSHIP/CONSERVATORSHIP

In the event a person can no longer make his or her own financial and/or health care decisions and has been legally determined to be incapacitated and there is no power of attorney, someone may be named legal guardian or conservator. A guardian or conservator is court-appointed and legally permitted to make decisions about the person's care and property.

HOME CARE

Home care can be provided in a variety of settings and in a variety of ways. Home care is available wherever the person chooses to make their home. Individuals can choose from private duty services, which can include homemaking, personal care services or nursing, or may be eligible for skilled services, which are short-term and rehabilitative in nature.

INDEPENDENT LIVING

Independent living is a social, lifestyle-driven environment. Apartments or independent homes are complimented by a variety of conveniently located common spaces, hospitality services and lifestyle amenities including fitness centers, multiple dining venues, social programs, housekeeping, and transportation.

INSTRUMENTAL ACTIVITIES OF DAILY LIVING

Instrumental activities of daily living are the skills and abilities needed to perform certain day-to-day tasks associated with an independent lifestyle. These activities are not considered to be essential for basic functioning, but are regarded as important for assessing day-to-day quality of life and relative independence: ability to use the phone; laundry; shopping; transportation; meal preparation; medication management; managing finances.

LIFE CARE CONTRACT

A financial agreement, life care contracts are another payment option for not-for-profit, continuing care retirement communities. Life Care agreements require an upfront financial payment that provides residents with lifetime access to health care services, including assisted living and nursing care, with little to no increase in monthly expenses.

LIVING TRUST

A living trust gives a designated person (trustee) the authority to hold and distribute property and funds for another person.

LIVING WILL

A living will outlines end-of-life health care decisions.

LONG TERM HEALTH CARE INSURANCE

Long term health care insurance is private, optional insurance that may help defray the costs of health care services including home health, assisted living, and nursing care.

MEDICARE/MEDICAID

Federal health insurance programs designed to help defray health care costs.

MEMORY CARE NEIGHBORHOODS

Memory care is designed for those who have dementia and are no longer able to live on independently and may not qualify for assisted living. Residents of memory care benefit from higher care ratios, specially-trained staff, and additional cueing, reminding and redirection 24 hours a day. Memory care neighborhoods are typically secured for those who may be a risk for wandering.

MYCARE OHIO

MyCare Ohio is a health insurance plan for those who are dually-eligible for Medicare and Medicaid, and includes health, behavioral and long-term care services in the home, in assisted living, in adult day care, or skilled nursing facilities.

PACE

The Program of All-Inclusive Care for the Elderly (PACE) is a special program that enables individuals who are 55 years of age and are eligible for Medicare and or Medicaid to safely remain at home rather than a nursing home. An interdisciplinary team of health professionals determines eligibility and provides PACE participants with coordinated care.

PASSPORT

Passport is a federally-subsidized program, providing financially eligible older persons alternatives to relocating to a nursing home. Several services are offered by Passport including home delivered meals, personal care assistance, emergency response system, adult day care, and respite care.

RESPITE CARE

Respite care is short-term, interim relief for primary caregivers. Respite care can be provided in a variety of settings including in the home, in a health care facility, or at an adult day center.

RETIREMENT COMMUNITY

A retirement community is a congregate living environment for seniors, offering one or a combination of care levels including independent living, assisted living, memory care or long-term/skilled care.

SELF-PAY

Also referred to as private pay, self-pay models use personal assets, including savings, investments, and monthly income, to cover the costs associated with delivered services.

SENIOR CENTER

Senior Centers are local facilities providing resources, socialization, and stimulation to seniors.

SKILLED NURSING FACILITY

Licensed by the state of Ohio, skilled nursing facilities (SNFs) or “nursing homes,” are designed for those individuals who require a higher level of medical care than can be safely delivered in assisted living facility or at home. Stays in nursing homes can be short-term and rehabilitative in nature or can be long-term due to complex medical needs.

WILL

A will is a legal documents which outline how a person’s assets and estate will be distributed among beneficiaries after his/her death.

Community Resources and Solutions

The following resources are available to individuals and families caring for someone with Alzheimer’s or other dementia and are part of JFSA Cleveland’s network of community providers.

Geriatric Assessment and Medical Care

NAME	CONTACT INFO	SERVICES OFFERED
Alyson’s Place Medical Clinic JFSA Cleveland 29125 Chagrin Blvd Pepper Pike, Ohio 44122	(216) 755-1116	Primary care, geriatric support and case management, podiatry, dental, ophthalmology
Cleveland Clinic Geriatric Program	(866) 320-4573	Geriatric support and case management
Foley Center at University Hospital	(844) 312-5433	Geriatric support and case management
MetroHealth Medical Center	(216) 957-2100	Geriatric support and case management

Legal

NAME	CONTACT INFO	HOW TO PAY FOR SERVICES
Buzney Law	(216) 283-0905 buzneylaw.com	Private Pay
Solomon, Steiner, & Peck LTD	(216) 765-0123 ssandplaw.com	Private Pay

Home Care (providing both skilled and private duty care)

NAME	CONTACT INFO	HOW TO PAY FOR SERVICES
<p>Bridgewater 1925 Pearl Rd Suite 404A Strongsville, OH 44136</p>	<p>(440) 210-9994 bridgewaterseiorhomecare.com</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>Family Tree 889 N Aurora Rd Suite 400 Aurora, OH 44202</p>	<p>(440) 519-0001 annamariaofaurora.com</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>JFSA Cleveland 29125 Chagrin Blvd Pepper Pike, OH 44122</p>	<p>(216) 378-8660 jfsa-cleveland.org</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>Lily Home Care 2295 W Market St Akron, OH 44313</p>	<p>(330) 869-0806 lilyhomecare.com</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>Menorah Park 27100 Cedar Rd Beachwood, OH 44122</p>	<p>(216) 595-7333 menorahpark.org</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>Montefiore 1 David N. Myers Pkwy Beachwood, OH 44122</p>	<p>(216) 360-9080 montefiorecare.org</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>

Continuing Care Retirement Communities

NAME	CONTACT INFO	HOW TO PAY FOR SERVICES
<p>Anna Maria 889 North Aurora Rd Aurora, Ohio 44202</p>	<p>(330) 562-6171 annamariaofaurora.com</p>	<p><input checked="" type="checkbox"/> Private Pay <input type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>Judson Park 2181 Ambleside Dr Cleveland, OH 44106</p>	<p>(216) 721-1234 judsonsmartliving.org</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>Judson Manor 1890 E 107th St Cleveland, OH 44106</p>	<p>(216) 791-2555 judsonsmartliving.org</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>Judson South Franklin Circle 16600 Warren County Chagrin Falls, OH 44023</p>	<p>(440) 247-1300 judsonsmartliving.org</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>Jennings at Garfield Heights 10204 Granger Rd Garfield Heights, OH 44125</p>	<p>(216) 581-2900 jenningscenter.org</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>Jennings at Brecksville 8736 Brecksville Rd Brecksville, OH 44141</p>	<p>jenningscenter.org</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input checked="" type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>Laurel Lake 200 Laurel Lake Dr Hudson, OH 44236</p>	<p>(330) 650-0681 laurellake.org</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>

Continuing Care Retirement Communities - *Continued*

NAME	CONTACT INFO	HOW TO PAY FOR SERVICES
Ohio Breckenridge Village 36851 Ridge Rd Willoughby, OH 44094	(440) 942-4342 ohioliving.org	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
Rockport Senior Living 20375 Center Ridge Rd Rocky River, OH 44116	(440) 356-5444 rockportseniorliving.com	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
The Normandy 22701 Lake Rd Rocky River, OH 44116	(440) 333-5401 thenormandy.com	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
The Renaissance 26376 John Rd Olmsted Falls, OH 44138	(440) 540-4700 renaissance.elizajennings.org	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other



Independent Living

NAME	CONTACT INFO	HOW TO PAY FOR SERVICES
<p>The Hamlet at Chagrin Falls 200 Hamlet Hills Dr Chagrin Falls, OH 44022</p>	<p>(440) 247-4676 hamletretirement.com</p>	<p><input checked="" type="checkbox"/> Private Pay <input type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input type="checkbox"/> Other</p>
<p>Independence Village 505 S Chillicothe Rd Aurora, OH 44202</p>	<p>(330) 562-1750 independevillages.com</p>	<p><input checked="" type="checkbox"/> Private Pay <input type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input type="checkbox"/> Other</p>
<p>McGregor 14900 Private Dr Cleveland, Ohio 44112</p>	<p>(216) 851-8200 mgregoramasa.org</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>The Normandy 22701 Lake Rd Rocky River, OH 44116</p>	<p>(440) 333-5401 thenormandy.com</p>	<p><input checked="" type="checkbox"/> Private Pay <input type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>R.H. Myers 27090 Cedar Rd Beachwood, OH 44122</p>	<p>(216) 360-8202</p>	<p><input checked="" type="checkbox"/> Private Pay <input type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>

Assisted Living

NAME	CONTACT INFO	HOW TO PAY FOR SERVICES
Anthology of Mayfield Heights 6200 Landerhaven Dr, Mayfield Heights, OH 44124	(216) 245-3661 anthologyseniorliving.com/ senior-living/oh/ mayfield-heights/ landerhaven-drive	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
Beachwood Commons 3995 Green Rd Beachwood, OH 44122	(216) 295-1700 lifeservicesassistedliving.com	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
Devon Oaks 2345 Crocker Rd Westlake, Ohio 44145	(440) 540-4700 devonoaks.elizajennings.org	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input checked="" type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
Forest Hills Place 3151 Mayfield Rd Cleveland Heights, OH 44118	(216) 321-6331 enlivant.com	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input checked="" type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
The Fountains Assisted Living 1555 Brainard Rd Lyndhurst, OH	(440) 485-1607 thegreensandfountains.com	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
Gates Mills Club 6759 Mayfield Rd Mayfield Heights, OH 44124	(440) 461-2010 gatesmillsclub.com	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input checked="" type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
The Hamlet Chagrin Falls 200 Hamlet Hills Dr Chagrin Falls, OH 44022	(440) 247-4201 hamletretirement.com	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other

Assisted Living - Continued

NAME	CONTACT INFO	HOW TO PAY FOR SERVICES
<p>McGregor 14900 Private Dr Cleveland, Ohio 44112</p>	<p>(216) 851-8200 mgregoramasa.org</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>Maplewood Senior Living 2463 Sussex Blvd Twinsburg, OH 4408</p>	<p>(330) 840-7404 maplewoodseniorliving.com</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>The Normandy 22701 Lake Rd Rocky River, OH 44116</p>	<p>(440) 333-5401 thenormandy.com</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>Richmond Heights Place 562 Richmond Rd Richmond Heights, OH 44143</p>	<p>(216) 291-8525 richmondheightsplace.com</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input checked="" type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>Stone Gardens 27090 Cedar Rd Beachwood, OH 44122</p>	<p>(216) 360-8202 menorahpark.org</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>The Stratford 7000 Cochran Rd Solon, OH 44139</p>	<p>(440) 485-1607 stratfordcare.com</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>The Weils 16695 Chillicothe Rd Chagrin Falls, OH 44023</p>	<p>(440) 996-0504 theweils.org</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>

Assisted Living - Continued

NAME	CONTACT INFO	HOW TO PAY FOR SERVICES
Vitalia of Solon 6050 Kruse Dr Solon, OH 44139	(440) 271-8116 vitaliasolon.com	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
Wiggins Place 27090 Cedar Rd Beachwood, OH 44122	(216) 360-8202 menorahpark.org	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
The Woodlands 16333 Chagrin Blvd Shaker Heights, OH 44120	(216) 751-0930 capitalsenior.com	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input checked="" type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other

Memory Care

NAME	CONTACT INFO	HOW TO PAY FOR SERVICES
Arden Courts of Parma 9205 W. Sprague Rd Parma, OH 44133	(216) 385-1610 arden-courts.com	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
Arden Courts of Chagrin Falls 8100 East Washington St Chagrin Falls, OH 44023	(440) 543-6766 arden-courts.com	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
Devon Oaks 2345 Crocker Rd Westlake, Ohio 44145	(440)540-4700 devonoaks.elizajennings.org	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input checked="" type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other

Memory Care - Continued

NAME	CONTACT INFO	HOW TO PAY FOR SERVICES
<p>Danbury Senior Living 9500 Broadview Rd Broadview Heights, OH 44147</p>	<p>(440) 596-3047 danburyseniorliving.com</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>Danbury Senior Living 3430 Brunswick Lake Parkway Brunswick, OH 44212</p>	<p>(330) 460-4244 danburyseniorliving.com</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>Danbury Senior Living 9150 Lakeshore Blvd. Mentor, OH 44060</p>	<p>(440) 701-4560 danburyseniorliving.com</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>Forest Hills Place 3151 Mayfield Rd Cleveland Heights, OH 44118</p>	<p>(216) 321-6331 enlivant.com</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input checked="" type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>Helen's Place 27090 Cedar Rd Beachwood, OH 4412</p>	<p>(216) 360-8202 menorahpark.org</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>Kemper House 407 Gold View Ln Highland Heights, OH 44143</p>	<p>(440) 487-5365 kemperhouse.com</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>The Lantern of Chagrin Valley 5277 Chillicothe Rd Chagrin Falls, OH 44022</p>	<p>440-339-5135 lanternlifestyle.com</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>

Memory Care - *Continued*

NAME	CONTACT INFO	HOW TO PAY FOR SERVICES
Maplewood Senior Living 2463 Sussex Blvd Twinsburg, OH 44087	(330) 840-7404 maplewoodseniorliving.com	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
Richmond Heights Place 562 Richmond Rd Richmond Heights, OH 44143	(216) 291-8525 richmondheightsplace.com	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input checked="" type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
The Weil's 16695 Chillicothe Rd Chagrin Falls, OH 44023	(440) 996-0504 theweils.org	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
Windsor Heights Assisted Living 23311 Harvard Rd Beachwood, OH 44122	(216) 324-8759 sunshineretirementliving.com	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other

Skilled Nursing (short-term and long-term stays)

NAME	CONTACT INFO	HOW TO PAY FOR SERVICES
The Greens Care & Rehabilitation 1575 Brainard Rd Lyndhurst, OH 44124	(440) 485-1607 thegreensandfountains.com	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
Landerbrook Transitional Care 2108 Lander Rd. Mayfield Heights, OH 44124	(440) 443-0345	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
McGregor 14900 Private Drive Cleveland, Ohio 44112	(216) 851-8200 mcgregoramasa.org	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other

Skilled Nursing (short-term and long-term stays) - *Continued*

NAME	CONTACT INFO	HOW TO PAY FOR SERVICES
Menorah Park 27100 Cedar Rd Beachwood, OH 44122	(216) 595-7333 menorahpark.org	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
Montefiore 1 David N. Myers Pkwy Beachwood, OH 44122	(216) 360-9080 montefiorecare.org	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
Richmond Heights Place 562 Richmond Rd Richmond Heights, OH 44143	(216) 291-8525 richmondheightsplace.com	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
The Stratford 7000 Cochran Rd Solon, OH 44139	(440) 485-1607 stratfordcare.com	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other
The Weil's 7000 Cochran Rd Solon, OH 44139	(440) 996-0504 theweils.org	<input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input checked="" type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other



Adult Day Care and Social Programs

NAME	CONTACT INFO	HOW TO PAY FOR SERVICES
<p>Benjamin Rose Margaret Wagner House 2373 Euclid Heights Blvd Cleveland Heights, OH 44106</p>	<p>(216) 791-8000 benrose.org</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>Kemper House Adult Day Care Program 407 Gold View Ln Highland Heights, OH 44133</p>	<p>(440) 487-5365 kemperhouse.com</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input type="checkbox"/> Other</p>
<p>JFSA Arts & Culture Program 29125 Chagrin Blvd Pepper Pike, Ohio 44122</p>	<p>(216) 378.8660 jfsa-cleveland.org</p>	<p><input type="checkbox"/> Private Pay <input type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>Mandel Adult Day Center 27100 Cedar Road Cleveland, OH 44122</p>	<p>(216) 839-6673 menorahpark.org</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>
<p>McGregor PACE 26310 Emery Road Warrensville Heights, OH 44128</p>	<p>(216) 791-3580 mgregorpace.org</p>	<p><input checked="" type="checkbox"/> Private Pay <input checked="" type="checkbox"/> Long Term Health Care Insurance <input type="checkbox"/> Medicare <input checked="" type="checkbox"/> Medicaid <input type="checkbox"/> Assisted Living Waiver <input checked="" type="checkbox"/> Other</p>

IF YOU NOTICE THESE BEHAVIORS:

- Sometimes misplacing items
- Forgetting to pay bills
- Forgetting names
- Calling people from time to time by the wrong name
- Failing to remember appointments
- Forgetting the reason individuals walked into a room
- Occasionally having issues with word recall.
- Activities that do not interfere with activities of daily living

- Becoming lost in familiar places
- Occasionally forgetting things
- Minor difficulty concentrating
- Trouble making plans or completing tasks
- Reduced impulse control
- Problem solving diminished
- Self-care diminished
- Loved ones often notice these changes

- Trouble names people
- Short-ter...
- Carryin reduce
- Losing a valua
- Problem
- Change disorier

IT MIGHT BE:



CONSIDER THESE SOLUTIONS:

- Socialization
- Independent Living
- Continuing Care
- Physical Fitness

- Case Management
- Family Counseling
- Socialization
- Personal Assistance
- Home Cleaning
- Driving Assessment
- Elder Law
- Independent Living
- Home Care

- Home Meals
- Home
- Drivin
- Elder
- Home
- Adult
- Assis

- Difficulty applying words/
- Difficulty to appropriate
- Difficulty for objects
- Short-term memory loss
- Difficulty doing tasks with
- Difficulty with proficiency
- Difficulty for misplacing
- Difficulty with identifiable object
- Difficulty with plans staying organized
- Difficulty with changes in mood/
- Difficulty with orientation

- Short-term memory loss
- Diminished coordination
- Decreased vocabulary
- Delusions
- Hallucination
- Sundowning
- Incontinence
- Emotional outbursts
- Wandering

- Limited or no capacity for communication
- Fading cognitive skill
- Loss of coordination
- Major personality changes
- Loss of appetite

Early Stage Dementia

Moderate Stage Dementia

Late Stage Dementia

- Home Care
- Adult Day Care
- Assisted Living
- Memory Care

- Home Care
- Adult Day Care
- Assisted Living
- Memory Care

- Memory Care
- Skilled Services
- Hospice

Additional Resources

What Is Dementia? (2019) Retrieved from www.nia.nih.gov/health/what-dementia

Learn how Alzheimer's is Diagnosed (2019) Retrieved from www.mayoclinic.org/diseases-conditions/alzheimers-disease/in-depth/alzheimers/art-20048075

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What is Lewy Body Dementia? (2019) Retrieved from nia.nih.gov/health/what-lewy-body-dementia

What Is Mixed Dementia? (2019) Retrieved from www.nia.nih.gov/health/what-mixed-dementia

Traumatic Brain Injury Symptoms and Causes (2019) Retrieved from www.mayoclinic.org/diseases-conditions/traumatic-brain-injury/symptoms-causes/syc-20378557

Korsakoff Syndrome (2019) Retrieved from www.alz.org/alzheimers-dementia/what-is-dementia/types-of-dementia/korsakoff-syndrome

National Collaborating Centre for Mental Health (UK) (2007) Therapeutic interventions for people with dementia-cognitive symptoms and maintenance of functioning. Retrieved May 20, 2019, from www.ncbi.nlm.nih.gov/books/NBK55462

Dementia Services Information and Development Center (2014) Pharmacological and non-pharmacological interventions. Retrieved May 20, 2019, from <http://dementia.ie/information/interventions>

National Collaborating Centre for Mental Health (UK) (2007) Therapeutic interventions for people with dementia-cognitive symptoms and maintenance of functioning. Retrieved May 20, 2019, from www.ncbi.nlm.nih.gov/books/NBK55462

Logsdon, R. G., McCurry, S. M., & Teri, L. (2007). **Evidence-based interventions to improve quality of life for individuals with dementia.** Retrieved May 20, 2019, from www.ncbi.nlm.nih.gov/pmc/articles/PMC2585781



Jewish Family Service Association of Cleveland
29125 Chagrin Blvd.
Pepper Pike, Ohio 44122

MAIN NUMBER
216.292.3999
jfsa-cleveland.org

*JFSA is a 501(c)3 organization
Proud to serve all families regardless of religious affiliation.*

